

## Bonnie Kaye's Straight Talk Newsletter

DECEMBER 2012 Volume 12, Issue 137

### Bonnie's Mantras:

**LIFE WAS NEVER MEANT TO BE THIS COMPLICATED. PERIOD.  
YOU CAN'T FIX A BROKEN MAN--BUT HE CAN BREAK YOU!**

Help support Bonnie's mission to help women and men in pain. Purchase her books from her website at [www.Bonniekayebooks.com](http://www.Bonniekayebooks.com). Her newest book can be purchased at [www.Dysfunctionalmen.com](http://www.Dysfunctionalmen.com).

**[JOIN ME ON TWITTER @Bonniekaye1](#)**

### **HOUSTON HEALING WEEKEND - MARCH 2/3, 2013**

Our next healing weekend will take place in Houston on March 2nd and 3rd. Our Texas women are dynamic and strong. Women from other parts of the country will also be joining this dynamic weekend where we unite to get stronger. If you are interested in joining me for this dynamic weekend, send me a note with the word "Houston" in the subject, and I will add you to the list for details as we progress.

### **A SHORT HOLIDAY MESSAGE...**

Okay. Let's start the newsletter with a short holiday message. For many of you, the holidays will be the "horrible-days" or in some cases, the "horror-days." There is just no way around it. I won't tell you to be grateful for what you have and not worry about the rest of your life that feels like you are lost in a typhoon. I can give you all kinds of encouraging words and positive affirmations, but they probably won't mean much. So here's my short holiday message for you: Big hugs. I am sorry if you are suffering. The holidays only make bad things seem worse. But on the bright side--you don't have to do it alone. I have lots of support available to anyone who needs it during this difficult time. I'm only a click away. I'll have support chat on Christmas and New Year's Eves, and throughout the week. Sometimes just knowing others can understand your pain makes a whole big difference.

### **MY NEW BOOK VENTURE- CALLING ALL VOLUNTEERS!**

As I reflect over the past year, I try to see if there is any kind of pattern to the letters I receive for help. They certainly haven't decreased in the past 12 months--if anything, they have increased. On any given day, I receive between 5 - 20 letters asking for help and support. The stories are all sad. They are all different, but they are also all the same. The one trend I do see is the number of women who are stuck in the muck because their husbands refuse to confess.

These are bright women. They have good instincts. They are writing to me for help so they have some sense of what the problem is. I tell women who write to me in doubt that if gay wasn't the issue, they wouldn't be writing to me. They would be writing to Dear Abby or Ann Landers. Trust me, I'm not in their league when it comes to advice to

the lovelorn--at least the lovelorn of straight women married to straight men. However, I do pat myself on the back for being the voice of sanity to my women married to gay men.

The funny thing is that some women actually have found proof. They have discovered it on the computer, cell phones, charge cards, and porno collections. And yet, their husbands get angry, feel insulted, and turn the tables on their wives. This is when the "gaylighting" to make you think you are crazy starts to kick in: "What are you nuts? Why would you think I would look at gay porn on the computer? It must belong to the kids." Or when they are caught going to a gay bar, "I'm allowed to have friends. I don't check on my friends' sexuality before we become friends. So I have a few drinks with them in the gay bar. That just means I'm self-confident about my own sexuality, not that I'm gay." Okay. Whatever.

We always say that "hindsight is 20/20." I want to put a book together with all of the 20/20's we've missed in our marriages to help other women so they won't be "blindsided." My new book will be called **"Gay Husbands Say the Darndest Things!"** It will include little snippets on each page of quotes from you, members of my support network, which can be used with your first name or whatever name you want or even anonymously.

It is my hope that women who are hearing the same words that we heard for so long will finally understand that the most ridiculous explanations very simply mean GAY.

If you are willing to share with others, please let me know. I don't need any long stories here--just some examples of craziness that you were told when you suspected your husband and he refused to be honest. If you participate in the project, you will get a book when it's completed hopefully by the spring. Please email me at: Bonkaye@aol.com and put in the subject box "New Book."

### [EXCITING NEW SPYWARE - HEAR THE COMPUTER RADIO SHOW ON 12/16/12](#)

I admit it takes a lot to make me feel really excited, but I am and think you will be too. For a number of years, women have been trying to check up on their husbands' computer activities. Sadly, many of these husbands know how to erase everything or lock up their computer so you'll find nothing. This goes back to my point of women having to suffer much longer than necessary because they have "no proof."

That's why I was so excited when a spyware company sent me some information about their products. I knew this was going to be a great match because the company was right here in my hometown. After viewing their products, I became so excited. I called Kevin, the director, and asked to meet with him. I know he thought that was pretty odd because people normally don't ask that. However, I told him that if I am going to put my name on the line of recommending a product, I have to make sure I know that it is reliable.

Kevin and I met several weeks ago, and I was AMAZED. The products he has can be found on my [www.Gayhusbands.com](http://www.Gayhusbands.com) website under the tab "Catch Him." When the link comes up, just hit into the menu bar above "all of the products" and they will drop down.

What's amazing about these products is that they are voice activated. That means you can leave them in a car or in your home when you're not there, and any conversations will be picked up. There are also audio cameras where you can see activity as well.

Some of these products are costly, but others are certainly inexpensive enough. Just to give you an idea:

### **Digital Voice/Telephone Recorder with MP3 Player Function - Price: \$43.00**



#### **Product Description**

*There are many reasons why conversations may need to be recorded, and using the latest technology will allow users to do so with convenience and speed. With our audio recorder you can record phone or room conversations. Digital recordings can be played, replayed and recorded over without a loss in recording quality. These recorders have a voice activation feature which saves hours by only recording when sound is detected. This model provides both telephone and room recording. This voice recorder can record up to 864 hours in long play mode. It's simple and easy to use.*

What I love about this product is that you can slip it under the seat of his car or anywhere in a room where he talks on the phone. The cost is only \$43.00! You can't beat that!

### **Pen Hidden Video Camera with Mini DVR - Price: \$34.00**



**Product Description** This PEN HIDDEN CAMERA plus audio is a super small camera with a mini DVR to record all the action. It even writes like a normal pen. No drivers or outside power source needed. It will charge when it is plugged into the computer. Perfect camera for "body worn" applications. Just click it like you would any ball point pen to start recording.

It can record for a full two hours on a single charge. Recordings can be later downloaded via high speed USB 2.0 to your PC for viewing and storing. You can even use it as a thumb drive to move files from one computer to another. Will hold 2 GB of files. Supports Windows 98/98SE/2000/XP/VISTA and Linux, auto identifies the operating system, installs related drivers, no need to manually install (except Windows 98).

**Features:** Ball-point pen shape with both video/audio recorder and highly sensitive microphone can record the audio clearly in the range of 15 feet, working ball point pen with exchangeable standard ball-point refill, suitable for any computer and other equipment with USB 2.0 Standard port, no need of drivers and external power supply.

### **Infrared LED Flashlight Hidden Camera with DVR and Laser Pointer -**

**Price: \$84.00**



#### **Product Description**

This is an Infrared Led Flashlight Hidden Spy Camera. It is the perfect tool for those who want to see what secret things are going on in the dark. This item is great for security guards, police, hunters, and anyone with low light recording needs. The camera lens is located in the center of the Flashlight. It has a unique design, very easy to use, and is multi-functional. The 8 GB Micro SD Card ensures long time recording. The Infrared LED flashlight is small and compact so it can be concealed easily as well. Dimensions= 4" long 1" wide. **FREE 8GB SD-CARD Included**

**Features:** Audio and video synchronized recording, Built-in 2.0 Mega pixels high definition digital camera, Video resolution= 1280 x 960, AVI format, Built-in Li-battery (800 mAh), Storage= micro SD card up to 32 GB, Image Sensor= 1/4 CMOS, View Angle= 70°, Video Resolution= 1280 x 960 pixels, Photo Resolution= 1600 x 1200 pixels, Recording Frame= 30 fps, Video working time= about 5 hours, LED /Video synchronal working time= about 3 hours, Charging time= 3 hours, working current: 30 mA **Includes:** IR LED Flashlight DVR, USB Cable, CD, User Manual, 8 GB Micro SD Card

### **Mini Digital Color Alarm Clock DVR - Cost: \$56.00**



#### **Product Description**

The Mini Digital Alarm Clock DVR is the ultimate hidden camera digital video recorder! Hide this amazing camera in plain sight since it's cleverly disguised as a fully functional alarm clock. This hidden camera is perfect for secret video surveillance like keeping an eye on your home,

checking up on employees or your kids. It has a variety of recording options including video and audio, audio only, still photo, motion detector and works as a web cam!

The 2200mA lithium battery is capable of recording for up to 12 hours on a single charge. With the included 4GB micro SD card this camera can store up to 2 hours of constant recording. In motion detection mode the recording is only active when movement takes place saving battery and storage space. This Alarm Clock DVR captures video at an impressive 640 x 480 resolution at 30 FPS in AVI format. Still pictures are captured at 1280 x 960 resolution in JPEG format. Simply connect the clock to your computer with the included USB cable to upload your videos and photos. **FREE 4GB SD-CARD Included.**

Some of the spyware is more expensive, but it costs far less than hiring a private detective that may find absolutely nothing because your husband is overly cautious. Some of the more expensive products include mirrors (you can now do smoke and mirrors!), clocks, fire alarms, and air freshener containers.

Mega Security also offers wonderful items to protect yourself. On my page "Catch Him," you will also find a link to the security products. These include pepper spray, alarms, and even stun guns. For many of you, being on your own can be scary. These products can make you feel more secure.

Kevin will be my guest on my Straight Wives Talk Show this Sunday evening at 10 p.m. EST. He will discuss the products and how user friendly they are and what you can do with them. If you miss the show live, tune into the podcast at [www.Blogtalkradio.com](http://www.Blogtalkradio.com) and type in Straight Wives Talk Show 12/16/12.

Here is the link you can cut and paste into your browser if you prefer:  
<http://www.blogtalkradio.com/bonnielkaye/2012/12/17/straight-wives-talk-show>

### **CLASSIC ARTICLES**

For the holiday season, I would like to share two of my past favorite articles with you. Even if you have read them before, you can enjoy them again because they are still so relevant. The first article addresses "The Kinsey Scale" which gay men are drawn to because they can justify they aren't gay. This was written in October of 2007. The next one was written in June of 2008. Many gay husbands struggle with the word "gay" or "homosexual." It is obviously a word that is so difficult for them to say about themselves. After all, once the words are said, it means they will have to deal with it. The second article addresses this and gives a better solution.

The first one is from October 2007.

## REVISITING and REVISING THE KINSEY SCALE

Most of you have heard of the Kinsey Scale. Gay men use this as an argument to prove that they are not gay, but rather on some road or continuum that never seems to get to where you know they are going or have landed.

The Kinsey Scale was first devised in 1948 by Dr. Alfred Kinsey. His research broke sexuality into seven steps starting at “Totally heterosexual” to “Totally Homosexual.” There were a number of other steps in between. According to Kinsey, these are the steps:

- 0- Exclusively heterosexual with no homosexual
- 1- Predominantly heterosexual, only incidentally homosexual
- 2- Predominantly heterosexual, but more than incidentally homosexual
- 3- Equally heterosexual and homosexual
- 4- Predominantly homosexual, but more than incidentally heterosexual
- 5- Predominantly homosexual, only incidentally heterosexual
- 6- Exclusively homosexual

According to Kinsey, “Males do not represent two discrete populations, heterosexual and homosexual. The world is not to be divided into sheep and goats. It is a fundamental of taxonomy that nature rarely deals with discrete categories... The living world is a continuum in each and every one of its aspects.”

This scale has widely been accepted and utilized by many professionals in the field. I look at this scale as being an excuse for gay men as a way to prove that they are not gay, and I regularly see it being used to that end.

Quite frankly, I don't understand this whole concept. For instance, what is the difference between the Number 1 and the Number 2 position on the Kinsey scale? Number 1 is: Predominantly heterosexual, only incidentally homosexual. Number 2 is: Predominantly heterosexual, but more than incidentally homosexual. What determines if someone is “incidentally” or “more than “incidentally” homosexual? For that matter, what does “incidentally” mean? An “incident” happened one day or night? And how is a man predominantly heterosexual but more than “incidentally” homosexual? Hmmm, beats me. And quite frankly, let's skip up to Number 5 on the scale: 5- Predominantly homosexual, only incidentally heterosexual. What does that mean? Very confusing, isn't it?

I believe that there are men who are “emotionally” straight. They are unable to come to terms with the gay world. They dread the thought of being “labeled” as gay due to societal or religious pressures. They enjoy the security of living with a woman in a “heterosexual lifestyle” where they don't have to fear the rejection of their families, religions, and communities. However, this does not deserve a space on the ladder climbing up to homosexuality on the Kinsey Scale.

I think the Kinsey Scale is an excuse for people who can't accept their sexuality. I believe that some gay men can perform sex with heterosexual women when the emotional need is so great that they can talk themselves into it. And I believe that these men feel much better talking themselves into being a 2 or 3 on that scale rather than a 4, 5, or 6. That scale convinces many a man that he's okay staying in a marriage because he's not a "6."

The Kinsey Scale is a product from 50 years ago. I believe it needs to be updated and simplified. So now, I've come up with a "Bonnie Kaye Scale of Sexuality." The scale has two levels – Number 1 and Number 2. Number 1 is Heterosexual. This is a man who craves sex only with a woman because these are the only sexual feelings that arouse him. Number 2 is for all the other men who desire a penis on any level—"incidentally," "occasionally," "every blue moon," "just out of curiosity," or "in a fantasy." Think of all of the anguish this new scale will take away from people who are intellectualizing about where they stand on the Kinsey Scale. Think of all the worry they could avoid as they inch up the ladder and move from a 2 to a 3 or a 4 to a 6. I can't even imagine the fear a man would have who is on Number 4 and creeping up to Number 5. Does he sit and worry how long it is going to take him to get to number 6? Will he try to convince himself to have sex with a woman so he can downslide to number 3?

I like the idea of my scale so much better. Men don't have to sit and worry about "how gay" they are or will be. They have nothing to prove if they desire sex more with men. It won't change their number—they will still be a Number 2. Wow—wouldn't that take the pressure off of men who are trying so hard to fight their own gay desires and behavior?

And wouldn't it make things so much easier for our women also? Women wouldn't have to wonder if their husbands/boyfriends are moving up or down a scale. It would be much more black or white. If you want a heterosexual man, that's fine. If he's anything else, well, it's not fine—at least not fine for a marriage. We could eliminate the fallacy of "Bisexuality," or Number 3 on the Kinsey Scale which always gives false hope to women. "Bi" implies to women that they have an equal chance to win their man as a man has--which we know is not the case. It reinforces false hope that if they "love their men enough or try harder to be better wives/girlfriends," their men will pick them. It just ain't happening, is it? The desire for a penis is always there. All "bi" men would automatically fall under the Number 2 category. Even men who are "just fantasizing" about other men would be in the Number 2 group. After all, if a man gets "aroused" by a penis, it's definitely the Number 2 category.

I think the "Bonnie Kaye Scale" will help women make easier decisions. You don't have to sit and debate anything at all. It all comes down to one question—do you want a man who wants a woman or a man who has a penis on his mind? Why does something this simple have to become so complicated?



June 2008

## THE "P" WORD

As my long time readers know, "DENIAL" is a very powerful thing. That's why so many of our women linger in relationships long after they should—seeking the "TRUTH" while wasting years of their lives that can never be returned. I'm not quite sure why so many of the women who come from me have to have "POSITIVE" proof before taking action to end their marriages to gay men. I always give them my standard line of, "Look for the symptoms, and you'll eventually find the disease bringing toxicity to your marriage," or "Look for the clues, and you'll evidentially find the evidence." I try to relate it to medical and legal terminology to make it simple.

And yet, women want so badly to believe that the worst is not the worst, but rather some mistaken moment of stupidity....weakness....boredom....mid-life crisis....past sexual abuse issues resurfacing...and so on and so on. Here's the funny thing. These women come to me looking for the truth, but when I give it to them "straight," they don't want to hear it. It's like I need to be challenged at least once a week by some woman who will insist that her situation won't be like the other ones I write about. After all, her husband has always been so good...so honest...such a good friend...you know the story. These women are way beyond swimming down the river of De'Nile; they are building a Mountain of DENIAL. I send them directly to those other groups on the Internet who sit and complain while they figure out why life is so much better living with a "Bi" man than with "No" man.

One woman sent me an interesting thought. After gathering information about her husband's homosexuality and confronting him, he replied, "I'm not gay—I'm straight with problems." Wow—a new category. Now I could add that to the "A" sexual," "Bi-Sexual," "Metro-sexual," "Limbo," and "Straight-Gay Man" categories that are taking up a lot of my mental time explaining to women, but I've come up with my new terminology that will stop men from having to pick and choose which column of the menu they are on at any given year or what rung they are standing on of the Kinsey scale while they are scaling up and down between 1 and 6.

From now on, we can call these men "**Penis Men.**" It's so simple—it's not a choice of where a man is, but rather of what he wants. We don't have to use that ghastly "**G**" word anymore—we can use the trendier and more upscale "**P**" word. If a man is thinking about it, viewing male porno sites, fantasizing about it, or actually acting on it, he's a "**P Man.**" It sounds more honest than "Bisexual" and gives no false hope that he's going to want you, a woman, more one day than he does a man.

"**P Men**" sort of sound like that Elton John song "Rocket Man." We can even change the words to our cause:

**And I think it's gonna be a long long time  
Till touching down there brings me round again to find**



**I'm not the man they think I am at home  
Oh no no no I'm a Penis Man  
Penis man burning out his fuse out there alone....**

Since Elton John is an open "P Man," maybe he won't mind too much if I adapted those lyrics for the future.

Bottom line for our women—if he's a "**P Man**," you know that means he's a "**G**" man. But we'll let him think he's just a "**P**"!

### **THIS MONTH'S FEATURED HEALING JEWELRY**

For the past two months, I've been featuring some of the beautiful jewelry created by my support network friend Maureen Tillman. Maureen creates beautiful pieces using words that truly inspire. Maureen has brought back my favorite of her creations because you have the choice to wear any one of these beautiful words by interchanging them with Velcro. I have had my original one for three years, and I still wear them. I also have used the little miniature box to keep little beads in that I treasure. Here are two of the new ones:



Ten healing words to touch your heart and empower your spirit that interchange on the 1 inch x 1 inch brass pendant tray when you need the inspiration or encouragement. Pendant tray is suspended by a 24 inch brass chain. The tiny sturdy collaged words attach to the tray with velcro. The ten words in this collection are: **conquer, relief, empathy, courage, listen, persevere, compassion, tenacity, cherish, and create.** (Note: the photos show a "tenacity" that I had to switch out with "mindful".) The pretty

pink painted wooden box measures 2 3/4 " x 2 3/4" x 1 1/4" and is fitted with brass hardware. There is a tiny 1 1/2" x 1 1/2" inset collage on the top of the box, this one has a collection vintage postcards. It is also accented by a tiny brass key, a favorite symbol of mine. There is pretty fabric ribbon trim and 4 large iridescent pink crystals.

You can order this from this link:

<http://www.etsy.com/listing/116855038/healing-art-necklace-ten-pendants-one>



Ten healing words to touch your heart and empower your spirit that interchange on the 1 inch x 1 inch copper pendant tray when you need the inspiration or encouragement. Pendant tray is suspended by a 24 inch copper chain. The tiny sturdy collaged words attach to the tray with velcro. The ten words in this collection are: tenacity, endure, inspire, journey/truth, awake, awareness, breathe, tenderness, play, and persevere . (Note: the photos show 2 tenacity cards by mistake, I switched out one for "persevere") The lavender painted

wooden box measures 2 3/4 " x 2 3/4" x 1 1/4" and is fitted with brass hardware. There is a tiny 1 1/2" x 1 1/2" inset collage on the top of the box, this one has a pretty floral image on a vintage postcard. It is also accented by a tiny ornate brass key, a favorite symbol of mine. There is pretty fabric ribbon trim and 4 iridescent lavender crystals.

At this holiday time of the year, treat yourself to some beautiful jewelry by going to Maureen's Etsy site. Here is the link you can paste into your browser:

<http://www.etsy.com/shop/MaureenTillman?page=1>

Happy holidays to all the women and men who are part of my network. I have some wonderful radio shows scheduled for this month. This week is Kevin from Mega Security. Next week, my show will feature Patsy Rae Dawson, our dynamo Christian marriage counselor who explains why the Bible says divorce is fine in our situation. And for the week between Christmas and New Year's, we will have a wonderful hour with our own Dr. Brian Hooper who is so comforting to all of us.

To hear the shows live, just go to [www.Blogtalkradio.com](http://www.Blogtalkradio.com) and type in Straight Wives Talk Show. Live shows are Sunday nights at 10 p.m. EST. You can listen any time after the show airs as well.

Talking about the show, my dear friend Debbie Thomas Brown who runs the group South Florida Connects to help women and men married to gay spouses, will start hosting her show on my Straight Wives Talk Show. Her shows will air on Thursday evenings at 8 p.m. EST. Debbie reaches out to minority women especially from the islands. She will be our guest in January.

**Love to all of you, Bonnie :)**